

KS1 I am unique

Keywords	
unique	Something is one-of-a-kind or special, unlike anything else
care	Looking after someone or something.
healthy	Being well, both physically and mentally.
similar	Something that is nearly the same as the other.
different	Something that is not the same as something else

Health tips



Washing our hands gets rid of germs which can make us ill. We should wash our hands regularly.



The sun can be good for us but we need to take care to look after our skin. In the sun, remember the 5 S's: Slip, Slop, Slap, Shade, Sunglasses.

MY BODY



We are all good at different things.

We are all unique but we have some things which are similar to other people



BOY

GIRL

People can have stereotyped ideas about boys and girls.